

SUGGESTED COLLEGE SUPPLIES LIST

*Remember that many items can be purchased at the college town and airlines have a strict weight limit.

*Space Bags that suck out the air are great for packing large bulky items such as comforters, blankets and winter coats. These can be found at Costco and at the As Seen on TV Store at Ward Warehouse.

*Most colleges have a rental program for small refrigerators and/or microwaves.

*You may want to contact your roommate to see what they are packing in terms of 'shared items' such as telephone, answering machine, small TV, video game players, etc.

*Some colleges include phones with a messaging system already in place. Please check the college website for more information.

*Remember to save computer boxes so they can be packed home at the end of the school year.

Bed & Bath

Sheet set (most dorms use twin XL beds) Pls. check w/ college
Mattress pad
Comforter
Light blanket
Towel set
Bath soap
Shampoo
Deodorant
Lotion
Toothpaste & toothbrush & floss
Contact lens supplies
Personal hygiene supplies
Plastic bath tote
Blow dryer
Brush/comb
Lotion & sunscreen
Slippers for shower
Alarm Clock

Clothing

(weather appropriate/
layering is key)
Walking/Running shoes
Winter Boots
Pr. of dress shoes
Winter jacket
Light jacket
Sweat shirts / long sleeve shirts
Long underwear (Under Armor
is thin but warm)
Gloves/hat/scarf

Sweaters
Jeans
Socks
Winter socks (ie. Smart Wool)
Underwear
Swimsuit
Sleepwear
Shorts
Sunglasses
Watch
Hangers
Raincoat/Windbreaker

Desk

Cell phone and/or calling cards
Computer/printer
Surge protector
Ink cartridges for printer
Backpack
Camera
Address book
Calculator
Ipod/MP3/portableCD player
Blank CDs
Headphones
Desk fan (if needed)
Desk light (if not provided)
Pens
Post-its
Scissors
Stapler
Hole punch

Tape
White-out
Telephone & Answering
Machine (if school does not
provide)

Misc.

Pictures/Posters/Photo albums
Memorabilia from home
Laundry bag
Laundry soap
Small tool kit
Extension cord
Sewing kit
Safety pins
Small flashlight (Mag Light)
Compact Umbrella

Medical

Health insurance card
Regular medication
Aspirin/Tylenol/IB
Vitamins
Band-aids
Antibacterial (Neosporin)
Q-tips
Nail clippers
Small first-aid kit
Razor

* Laptop * Not Enough Room *
Ship Boxes to

* Seattle *

Landen

Storage -

University of Washington - Helpful Tips

5/11/2006

UPass

Bye Phone

* Passport *

Heather Brown, Punahou '05:

- Open a checking account and get a credit or debit card.
- Try not to spend all your money this summer, try to save money because it goes really fast.
- Get a Facebook account because it's fun. Myspace...
- Don't get winter clothes in Hawaii, wait til you get to Seattle because there are good sales, wider selection, and outlet malls. Be sure to get a **waterproof jacket** and a **thick warm jacket**. Make sure to get some waterproof clothes, an umbrella (a tiny one to fit in your bag and a big one) or waterproof boots.
- Try to prioritize all the stuff you have. **Dorm rooms are pretty small** so you can't bring all of your stuff. Bring what is important. A lot of "Hawaii" clothes aren't necessary for 6 months, so you don't really need them.
- **Contact your roommate in advance** so it's not so awkward and you can figure out what people are bringing (Note: if you are assigned a triple, don't worry it's not that bad, you can make it work.)
- Get used to a **lot of walking**. The campus is very big so it might help to get a bike, scooter, skateboard, or some mode of transportation. It is helpful but not necessary, I get along okay walking.
- Get used to **caffeine, it is your friend**.
- I would **not recommend doing a FIG** (Freshman Interest Group). Although it might be helpful because you are able to get into classes that might be hard to get into and it might help the transition to be in classes with the same group of people, I found that the FIG program was a LOT of useless extra work. I didn't learn much and I didn't really like the people in my FIG or my FIG leader, so it didn't help me at all.
- Even though they say **a printer** isn't necessary, they are lying, it is **very necessary**.
- Bring and take **lots of photos** to decorate your room.
- **Be proactive, because UW is such a huge school**, no one is gonna hold your hand and show you the ropes, you have to take initiative and seek things out yourself. During the Dawg Daze in the beginning of the year, there are a lot of free events, classes, and tours you should do them.
- **Bring a camera**, there are lots of memorable events.
- Make use of the **IMA (gym)** it is amazing.
- Katie said you should **get a fish**.
- **Don't freak out**, I've found that college is easier than Punahou.

* HMSA * Hawaii Dental * @ UW \$240. - Semester for UW Plan -

Her mom:

- UW starts later than most universities. Be aware that your child will be one of the last to leave for college.
- Make sure your child has two forms of ID to open a bank account.
- Check on your health plan to be sure of the coverage.
- Check with your child's physician for necessary immunization(s) – meningitis.
- A roommate from Washington state is a plus because they usually have or bring many items – e.g., refrigerator, microwave oven, printer.
- Get in touch with roommates and schedule the move-in, especially if you are in a triple. We had to wait for a third roommate to move in and she took most of the day.
- If possible, arrive a few days early to become familiar with Seattle and the campus without going directly to the dorms.
- We bought all of my daughter's household items (soap, towels, slippers for the shower, etc.) in Seattle.
- My daughter chose the medium level dining plan which has worked out fine for her.
- The Punahou grads are really good support for each other.
- The UW website is great. Browse through the area called Student Guide.
www.washington.edu/students/
- Your child will receive her own grades and tuition statements (in this case, you may request that they be emailed to you).

* Husky Card *



* Separate Account to receive tuition statements *